



# **STRONGHOLD BIPODS W/ LEVER**

# **USER MANUAL**



**FF34026**

**FF34027**

**FF34028**



Engineered for high intensity, fast-paced situations, from paintball games to tactical training simulations to home defense, Firefield products are designed for the next generation shooter and serious gun enthusiast. Our goal is to provide optimal solutions for demanding tactical, hunting and competitive training situations.

Firefield products are tested for durability in extreme terrain and extreme climates. Consisting of shooting accessories compatible with extreme shooting guns, AR-15s, tactical carbines, air guns, shotguns and pistols, the Firefield product line includes: riflescopes, red dot sights, reflex sights, laser sights, magnifiers, bore sights, night vision, digital night vision, flashlights, spotting scopes, rails and mounts.

Delivering high quality and exceptional durability to every intense moment, Firefield is the key to victory. Transform fear to power, panic to excitement and chaos to glory with Firefield units—Forged in Victory!

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[www.fire-field.com](http://www.fire-field.com)

# ABOUT

When serious shooters need a steady aim, Firefield Stronghold Bipods deliver significant stability and are easily adjusted with a tensioning adjustment lever. Available in 3 different variable lengths, these durable, lightweight bipods are designed to be a rock solid way to place shots exactly where you want them. With rubber feet and padded stock mounts, Stronghold Bipods will grip to even the toughest terrain. A picatinny mount adapter allows for mounting on any rifle with a standard picatinny rail. Don't let tired arms hold your rifle, put Firefield Stronghold Bipods to work and ensure every shot brings you closer to Victory.

## INCLUDED ACCESSORIES

- Picatinny mount adapter

## FEATURES

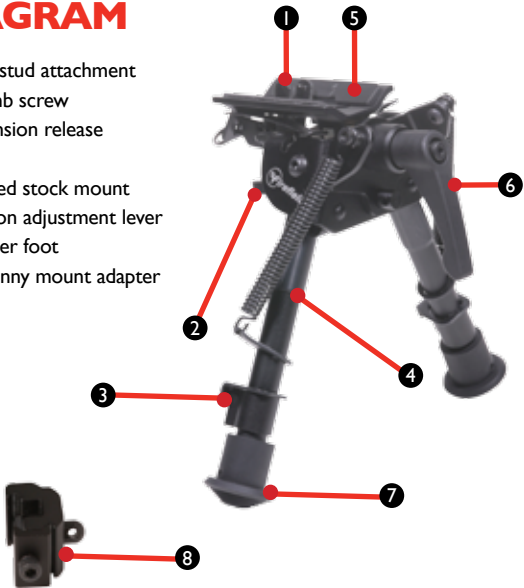
- Durable, lightweight
- Attaches to firearm's swivel stud
- Rubber feet for maximum stability
- Padded stock mount
- Extends to multiple lengths
- Pivot/Pan and tilt adjustment
- Tension adjustment with control lever
- Sling attachment

# TECHNICAL SPECIFICATIONS

Technical Specifications	FF34006	FF34007	FF34008
Width (legs not extended) (in/mm)	8/200	12.5/317	16.5/419
Height (legs not extended) (in/mm)	6.5/170	11/279	15/381
Width (legs extended) (in/mm)	10.5/270	17.5/444	24/609
Height (legs extended) (in/mm)	9/230	16.5/419	22.5/571
Dimensions (collapsed) (in/mm)	8 x 4 x 2 203 x 101 x 50	13.5 x 4 x 2 342 x 101 x 50	18 x 4 x 2 457 x 101 x 50
Weight (oz.)	15.6	18.1	20.5

# DIAGRAM

- 1) Sling stud attachment
- 2) Thumb screw
- 3) Extension release
- 4) Leg
- 5) Padded stock mount
- 6) Tension adjustment lever
- 7) Rubber foot
- 8) Picatinny mount adapter



## CAUTION

Please read and strictly adhere to the following instructions, safety precautions and warnings to avoid potential damage to the product and / or personal or third party injury due to improper usage. Before use, please carefully read all instructions accompanying the product to ensure proper usage.

## ATTACHING THE BIPOD

To attach the bipod to the stock of a firearm:

1. Remove the firearm's sling.
2. While pushing the thumb screw up, loosen the thumb screw (2) located underneath the bipod.
3. The sling stud attachment (1) will widen to the point it can be attached to the firearm's sling stud.
4. Attach the sling stud attachment (1) to the firearm's sling stud and align the padded stock mount (5) to the firearm's stock. The bipod legs should extend forward when mounted.
5. Once attached, tighten the thumb screw (2) until the bipod is firmly attached.

Note: To attach the bipod to a picatinny mount follow the same operations as above, but attach the bipod to the picatinny mount adapter (8). The bipod can then be mounted to an AR15 quad rail or other picatinny mounts.

## **LEG EXTENSION**

The legs on the bipod can extend to various lengths. Each leg is spring loaded to fully extend. To extend the bipod legs:

1. Press the extension release (3) located on each leg. The legs will automatically extend to full length.
2. To retract the legs, press the extension release and push the leg back into the bipod.
3. Each leg has a series of notches. To set the desired height, press the extension release and retract the leg to the desired notch. Release the extension release. It might be necessary to continue to retract the leg until a click is heard.

## **UNFOLDING THE LEGS**

Once attached on a firearm, the legs on the bipod can be unfolded. To unfold the legs to the downward position:

1. Grab each leg one at a time.
2. Pull back until the spring tension is released and the leg snaps into place.

# ADJUSTING PIVOT TENSION

The bipod is equipped with pivot motion to adjust to uneven terrain. This includes both tilt and swivel. The tension for the pivot can be adjusted:

1. Locate the adjustment lever (6) on the back of the bipod.
2. Rotate counter clockwise to reduce tension.
3. Rotate clockwise to increase tension.
4. When rotating the lever, when you reach max rotation, you can continue tightening by pulling the lever out and rotating it while holding it out and then releasing it on the opposite side.

Caution: Do not over tighten the pivot tensioning lever





## **MAINTENANCE**

Proper maintenance of the Firefield bipod is recommended to ensure longevity. It is recommended when the bipod becomes dirty that it is wiped down with a dry or slightly damp cloth. Blow dirt and debris off moveable parts with a cleaning cloth. A small application of gun oil can be used to prevent rust and ensure parts move and operate smoothly.

## **WARNING**

- Do not leave the product in or on an unstable place or surface as it may fall and cause injury.
- Take care not to pinch fingers or skin when folding/unfolding the bipod's legs.
- Do not leave the bipod or other packaging materials (i.e. boxes or plastic bags) within the reach of young children as they may accidentally choke or suffocate. If choking or suffocation occurs, consult a doctor immediately.
- Do not disassemble or attempt to repair the product as this may cause damage to the product and will void the warranty. Product repairs should only be made by a trained professional.
- Do not rotate any moveable pieces beyond their limits. Doing so may cause damage to the product and will void the warranty.
- Do not leave the product in direct sunlight, extreme temperatures or direct moisture for extended periods of time, as this may cause damage to the product.

# NOTES

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## **FIREFIELD WARRANTY**

Please visit **[www.fire-field.com](http://www.fire-field.com)** for warranty details and information.



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